

(TMI Newsletter – July 20, 2013)

GETTING TO KNOW HER: Carol de la Herran



From the global to the intimately local, Carol was unconditionally committed to taking Bob Monroe's tools to wherever they were wanted and to whomever could benefit. Her activities on the world stage were obvious. Less visible was her work at a local women's shelter, where battered women became able to experience equilibrium and an unfamiliar peace. Carol rented space at a local community center, where anyone could go on a Tuesday to give or receive Reiki healing at no charge. Often she would force herself to leave TMI by 6 P.M. on Tuesdays to be there.

Carol was hands-on. No job as too messy or too small to deserve her attention. When skunks attempted to move in, Carol discovered the "skunk whisperer," a gentle man who trapped and removed the animals to a new home—without getting sprayed! Wheelchair accessible upgrades to the Nancy Penn Center were a strong intention of Carol's. Through Project Full Access, TMI is now able to host participants with physical disabilities.

To the staff, Carol was the leader who created a cohesive, collaborative team. She encouraged and nurtured staffers to pursue their passions in service to The Institute. She knew how to rally the troops. When financial crisis was imminent, Carol challenged the team to pull TMI back from the brink, and under her leadership, they were successful.

Carol in her human form is sorely missed. TMI is moving forward from a position of greater strength because of her influence. We are deeply grateful.

Carol de la Herran, originally from the United States, lived in Spain for many years. In 1988 she first learned of The Monroe Institute and, amazed by her experiences in Monroe programs, became a local residential trainer and international Outreach trainer. Beginning in 1995 Carol offered weekend and week-long programs in Spain and other locations around the world full-time.

For many years Carol served as a Professional Member and on the Board of Advisers of The Monroe Institute. As a Professional Division member Carol wrote and submitted a comprehensive article on her work combining Hemi-Sync® with the Reiki healing modality, which is a reference still extensively used.

In 1998 she became a residential trainer for programs in Virginia, and in 2000 began bringing the residential programs to Europe, first in Spanish, and later in English.

Carol held degrees in Psychology (PhD), Law, an MBA in International Marketing, and a doctorate of Energy Medicine. She was dedicated to helping others achieve expansion of consciousness through TMI's programs and Reiki healing.

The challenge delivered by Bob Monroe shortly before his passing, to "Get it out there," became Carol's passion. In 2009 TMI's then executive director Paul Rademacher asked Carol to move back to the U.S. and reinstate the domestic Outreach program. Without hesitating she said, "Yes."

Carol later accepted the position of Director of Programs and was elected Vice President by the Board of Directors. In December 2011 she was appointed Executive Director and President. In that role she was able to make a bigger contribution to the world—through the study and experience of different levels of consciousness, as well as in very practical ways helping people lead better, more satisfying lives.

Carol put in place administrative structures providing a solid base for the Institute, expanded research of the new SAM technology, and organized systems to spread and develop TMI programs throughout the worldwide community. She successfully shepherded TMI through critical financial times.

In her brief tenure as Executive Director and President, Carol successfully executed her vision: "I believe, as did Bob Monroe, that the Monroe technology is an incredible way to serve humanity on so many different levels. We want to take it to the next level...or three."

